The embodiments of the invention in which an exclusive property or privilege is claimed are defined as follows:

- 1. A method for making a cellulosic fibrous composite, comprising:
- (a) combining cellulosic fibers with a surfactant in a mixing device;
- (b) generating a foam comprising the cellulosic fibers, surfactant, and air in the device; and
- (c) extruding the foam from the device to provide a cellulosic fibrous composite.
- 2. The method of Claim 1, wherein the cellulosic fibers combined with the surfactant have a solids content greater than about 15 percent.
- 3. The method of Claim 1, wherein the cellulosic fibers combined with the surfactant have a solids content less than about 50 percent.
- 4. The method of Claim 1, wherein the mixing device comprises a plate mixer extrusion device.
- 5. The method of Claim 1, wherein the mixing device comprises a twinscrew extrusion device.
- 6. The method of Claim 1, wherein the foam has an air content greater than about 75 percent by volume based on the volume of the foam.
- 7. The method of Claim 1, wherein the foam has an air content greater than about 90 percent by volume based on the volume of the foam.
- 8. The method of Claim 1, wherein the foam has an air content greater than about 98 percent by volume based on the volume of the foam.
- 9. The method of Claim 1, wherein the foam has a density of greater than about about 20 g/L.
- 10. The method of Claim 1, wherein the foam has a density of less than about about 100 g/L.

- 11. The method of Claim 1, wherein the surfactant is present in an amount from about 0.01 to about 5 percent by weight based on the weight of the composite.
- 12. The method of Claim 1 further comprising drying the extruded cellulosic fibrous composite.
- 13. The method of Claim 1, wherein the foam further comprises a crosslinking agent.
- 14. The method of Claim 13 further comprising heating the extruded composite to provide a bonded composite.
  - 15. The method of Claim 1, wherein the foam further comprises a latex.
- 16. The method of Claim 15 further comprising heating the extruded composite to provide a bonded composite.
- 17. The method of Claim 1, wherein the foam further comprises thermoplastic fibers.
- 18. The method of Claim 17 further comprising heating the extruded composite to provide a bonded composite.
- 19. The method of Claim 1, wherein the cellulosic fibers comprise cellulosic fibers treated with a crosslinking agent.
- 20. The method of Claim 19 further comprising heating the extruded composite to provide a bonded composite.
- 21. The method of Claim 1, wherein the foam further comprises a wet strength agent.
- 22. The method of Claim 21 further comprising heating the extruded composite to provide a bonded composite.
- 23. The method of Claim 1, wherein the cellulosic fibers comprise crosslinked cellulosic fibers.

- 24. The method of Claim 1, wherein the foam further comprises absorbent material.
- 25. A cellulosic fibrous composite, comprising bonded crosslinked cellulosic fibers, the composite having a mid-point desorption pressure less than about 14 cm H<sub>2</sub>O.
- 26. The composite of Claim 25 having a mid-point desorption pressure less than about  $12 \text{ cm H}_2\text{O}$ .
- 27. The composite of Claim 25 having a mid-point desorption pressure less than about  $10 \text{ cm H}_2\text{O}$ .
  - 28. The composite of Claim 25 having a density less than about 0.10 g/cm<sup>3</sup>.
- 29. The composite of Claim 25 having a density greater than about 0.02 g/cm<sup>3</sup>.
- 30. The composite of Claim 25 having a fourth gush liquid acquisition rate greater than about 0.4 mL/sec.
- 31. The composite of Claim 25, wherein the crosslinked cellulosic fibers comprise polyacrylic acid crosslinked fibers.
- 32. The composite of Claim 25, wherein the crosslinked cellulosic fibers comprise cellulosic fibers crosslinked with a blend of citric acid and polyacrylic acid.
- 33. The composite of Claim 25, wherein the crosslinked cellulosic fibers comprise cellulosic fibers pretreated with a crosslinking agent and cured during composite formation.
- 34. The composite of Claim 25, wherein the crosslinked cellulosic fibers comprise cellulosic fibers treated with a crosslinking agent during composite formation.
- 35. The composite of Claim 25, wherein the crosslinked cellulosic fibers comprise intrafiber crosslinked cellulosic fibers and interfiber crosslinked cellulosic fibers.

- 36. The composite of Claim 25 further comprising thermoplastic fibers.
- 37. The composite of Claim 36, wherein the thermoplastic fibers comprise bicomponent fibers.
  - 38. The composite of Claim 25 further comprising a latex.
  - 39. The composite of Claim 25 further comprising a wet strength agent.
  - 40. The composite of Claim 25 further comprising absorbent material.
- 41. A foam, comprising a cellulosic fibers, a surfactant, and air, wherein the foam has an air content greater than about 75 percent by volume.